

Small Miracles 2022 Positive Youth Development Annual Report

To each of our donors, volunteers and community partners, THANK YOU
for supporting Small Miracles Trauma-Informed Care
Positive Youth Development (TIC-PYD) Equine-Assisted Services.

YOUR generosity provided over 600 pro bono hours of service for 106 children and youth at-risk during 2022.

SMALL MIRACLES IS THE ONLY AGENCY IN NORTHEAST TN/SOUTHWEST VA OFFERING TIC-EAS

Small Miracles TIC-PYD strives to be a relevant program attuned to the community's increased pressing needs. We are "boots on the ground" providing services to our area's hurting children and youth who are dealing with the escalation of intense and complex mental health challenges due to Adverse Childhood Experiences (ACEs); a lack of basic needs and/or the presence of a caring adult, homelessness, the prolonged pandemic, and generational trauma.

This experiential, psycho-educational program encourages neuroplasticity, strengthening of the brain architecture, executive functioning and development of social-emotional resiliency skills— key factors that lessen or eliminate the potential harmful effect of ACEs. The responsibility and nurturing of another being—the horse keeps our traumatized children and youth present in the moment— develops a mutual, attuned relationship. This releases anger, stress and sadness, which opens the students' hearts and minds to receive hope and healing through TIC- equine-assisted services. Horses intuitively feel the student's emotional pain and surround them with hugs of love. Their soft ears listen as fears, hurts and dreams are shared.

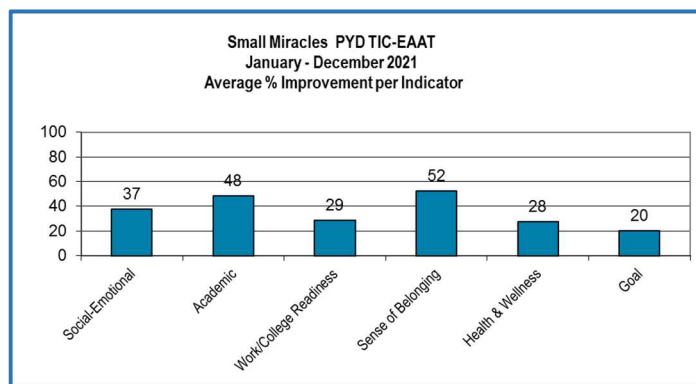
COLLABORATING WITH OUR COMMUNITY

Small Miracles' long-standing partnerships continue with Kingsport City's Washington Elementary Social Adjustment Project and John Sevier Middle School's diversionary program, Warrior's Academy; Frontier Health's two residential treatment homes for court-adjudicated female/males adolescents- Link House and Sullivan House—and Girls Inc. of Kingsport. Frontier Health also refers private children and youth, as does The Middle Path's Teens Group.



A SUCCESS STORY

Addie came to Small Miracles through our collaboration with Link House, coming from a Behavioral Health residential treatment program for youth. She struggled with homelessness, abandonment, trust issues, and anxiety. She was drawn to therapy horse Phoenix who had a relatable story. Through TIC-EAAT lessons, Addie experienced calming, trust and self-worth. She is currently living with her grandmother, attaining her educational and social - emotional goals. "Small Miracles helped me so much!"



Thank you to our 2022 Positive Youth Development TIC-EAS Sponsors:
United Way of Greater Kingsport, Ballad Health Foundation,
East Tennessee Foundation Youth Endowment, Speedway Children's Charities



Small Miracles maintains the *Gold Level of Accountability and Financial Transparency* on www.guidestar.org