Through Equine-Assisted Activities and Therapies (EAAT), Small Miracles incorporates the experience of equine-human interaction in a safe environment of learning and self-discovery. With God’s grace, this unique collaboration brings together horses, individuals with special needs, caring volunteers and professionals, to enrich and improve the lives of everyone involved.

**CONFIDENCE**

**LIFE SKILLS**

**SELF-ESTEEM**

**INDEPENDENT LIVING**

**COURAGE**

“SHE NOW KNOWS SHE CAN DO ANYTHING; HER SELF-ESTEEM HAS GROWN ALONG WITH HER REGARD FOR OTHERS.”

- Parent of a Small Miracles Participant

**TOGETHER WE CAN MAKE A DIFFERENCE**

**Small Miracles**

**Therapeutic Equestrian Center, Inc.**


**How to find us:**

From I-26, take Exit 6 for Rock Springs Road / SR 347. Turn west onto Rock Springs Road and travel approximately one mile to Rock Springs Drive. Turn right and travel 0.3 mile. Small Miracles is on the left.

1026 Rock Springs Drive
Kingsport, TN 37664

**Mailing Address:**

P.O. Box 6429
Kingsport, TN 37663

**E-mail:** smiracles@chartertn.net

**Web site:** www.small-miracles.org

423-349-1111 (office)
423-349-8003 (fax)

Small Miracles Therapeutic Equestrian Center, Inc. is a nonprofit corporation founded through love to enhance the physical, emotional, social and cognitive growth of individuals with special needs through equine-assisted activities and therapies. Small Miracles has been serving the Kingsport community since 1995 and currently serves over 300 students per year in the upper Northeast Tennessee and Southwest Virginia regions.

Benefits of Equine-Assisted Activities & Therapies
- Physical improvements such as increased balance, trunk control, fine and gross motor movements, coordination, flexibility and strength.
- Emotional stability to improve self-image, confidence, self-esteem and independence.
- Social interaction to enhance ability to work with others and increase cooperation, teamwork and responsibility.
- Cognitive improvements such as increased attention span, motivation, vocabulary, memory and concentration.
- Acquisition and improvement of independent living skills such as self-efficiency, perseverance and responsibility.
- Positive behavior modification including the development of self-regulating behaviors, personal growth and character development, and creative problem solving.

PROGRAMS

THERAPEUTIC RIDING ACTIVITIES
TR Activities are designed to enhance the physical, emotional, social and cognitive growth of individuals with special needs through both mounted and unmounted equine-assisted activities.

Small Miracles’ Therapeutic Horseback Riding Program is for students with physical, emotional, social and cognitive developmental needs. Trunk control, fine and gross motor skills, balance, strength and hand-eye coordination are just some of the physical improvements that can be developed while cognitive abilities such as focusing, participating with others, and relating cause and effect can also be improved.

Small Miracles’ HOPE (Horses Opening Pathways to Engagement) Connection Program is designed to provide opportunities for social engagement, relationship building, sensory integration and academic skills for students diagnosed with Autism Spectrum Disorder (ASD), Asperger’s Syndrome, Pervasive Developmental Delay (PDD-NOS) and Sensory Processing Disorder.

The Friends Program is specifically geared for adolescents and young adults with special needs. This program is ultimately designed to help these students move forward in life—providing skills to help them transition from one life situation or developmental stage to the next.

EQUINE-ASSISTED PERSONAL DEVELOPMENT
These are programs that enhance the developmental, educational and life skills of the participants, utilizing mounted and unmounted equine-assisted activities to engage the students. These programs use experiential learning that works with the horse as a member of the teaching team. We provide students opportunities to be successful through positive and creative activities that fully engage their bodies and their minds and focus on the learning objectives and outcomes needed for each group or individual, whether the needs are physical, cognitive, behavioral and/or emotional.

Small Miracles’ Positive Youth Development Programs were developed to enhance the emotional, social and cognitive development of children and youth at risk of not succeeding in the traditional educational system.

Small Miracles’ Horses for Heroes Program is a new initiative. It’s mission is to enhance the lives of veterans and military families through equine-assisted activities and therapies.

OUR FACILITY
Small Miracles operates its own facility on 11 acres surrounded by the beautiful rolling hills of the Southern Appalachian Mountains. The facilities include an indoor heated riding arena, an outdoor arena with sensory trail and experiential learning stations, offices and other amenities.

In addition to our instructors, each of our horses undergoes careful screening to ensure he or she has the appropriate disposition, physical movement, and level of training necessary for equine-assisted activities.

FUNDING
All donations to Small Miracles are tax deductible due to our 501(c)(3) status and directly benefit the participants of our programs. We are primarily funded through grants and the generous donations of individuals, businesses and organizations. Although a lesson fee is charged, it covers only a small portion of the actual lesson cost. We strive to make our services available to anyone who can benefit from equine-assisted activities. Full and partial scholarships are available as needed.

VOLUNTEERS
Volunteers are truly the heart and muscle behind Small Miracles and are a vital part of the success of each student and program. There are many ways to help including participating in lessons, stable maintenance, and fundraising. If you have an interest in becoming a part of our volunteer team and want to make a difference in the lives of others, please contact us. We also have sponsorship opportunities and/or business partnerships.

Small Miracles is a member of PATH Intl., formerly known as the North American Riding for the Handicapped Association, and is a United Way agency. Small Miracles is a 501(c)(3) nonprofit organization.
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OUR INSTRUCTORS

Small Miracles is an affiliate member of the Professional Association of Therapeutic Horsemanship International (PATH Intl.)—adhering to prescribed safety, professional and program guidelines. All instructors are PATH Intl. certified. They must complete a comprehensive certification program as well as continuing education courses to maintain their certifications.

In addition to our instructors, each of our horses undergoes careful screening to ensure he or she has the appropriate disposition, physical movement, and level of training necessary for equine-assisted activities.

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“**For we walk by faith, not by sight.**”

ENHANCING THE LIVES OF INDIVIDUALS WITH SPECIAL NEEDS THROUGH EQUINE-ASSISTED ACTIVITIES

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